

MAY 05 | 2026



SUN	MON	TUE	WED	THU	FRI	SAT
	3.30pm Mexican Train				1	2
3	3.30pm Mexican Train	Fee 5 3.00pm *Ladies: Workshop/Rachel, Mothers day special *Men, Darts tournament	6	7 10.00am Zumba with Shari	8	9
10	3.30pm Mexican Train	12 3.00pm Bunco	13	14 9.30am Aqua Gym	15 11.00am Kentucky Derby Brunch & Games	16
17	3.30pm Mexican Train	19 4.00pm Movie Night	20	21 11.00am Resistance Band Workout	22	23
24	3.30pm Mexican Train	26 3.30pm Sip & Paint	27	28 10.00am Yoga	29 4.00pm Happy Hour Karaoke Aperol Spritz	30



*Please RSVP in advance for all of our activities.



*A participation fee of \$10 applies to the Sip and Paint session.



*A participation fee of \$10 applies to the Workshop session.

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Description of Activities & Events

May arrives in gentle bloom,
soft light, warm breeze, sweet
perfume.

A quiet whisper, fresh and new
life feels lighter, skies more
blue.

Mexican Train

A fun and social domino game that's easy to learn and great for all skill levels, hosted by our Club members Connection, friendly competition, and consistent social engagement.

Workshop / Special Activity (Mother's Day / Lady's) (Darts Tournament, Gents)

Creative and themed gatherings designed to celebrate special moments with Rachel. *Fee \$10
Darts tournemant with Beer and snacks

Zumba with Shari

Enjoy an energetic and fun dance workout set to upbeat music. All fitness levels welcome.

Aqua Gym

A Water workout designed to improve strength and flexibility.

Bring: Swimmwear & towels

Bunco

A fast-paced dice game focused on luck, laughter, and socializing, Easy to learn
Community bonding, excitement, and easy participation.

Kentucky Derby Brunch & Games

A themed social Brunch, horseshoe tournament and festive attire.

Dress code : Derby hats, casual chic

Sip & Paint – May inspired

Relax, sip, and paint a beautiful spring-inspired artwork. No experience needed.

Resistance Band Workout

Improve strength, flexibility, and balance using easy-to-follow resistance band exercises.

Movie Night

Relax and enjoy a film in a social setting with Popcorn and Candy

Yoga

A gentle class focused on stretching, balance, and mindfulness for Flexibility, mental clarity, and stress relief.

Happy Hour Karaoke – Aperol Spritz

Join us for a lively afternoon of music, laughter, and great company as you take the stage or cheer others on. Enjoy a refreshing Italian summer favorite—the Aperol Spritz, a bright blend of orange, bubbles, and sunshine. Dress code: Summer in Italy.